LONGEVITY CIRCUIT



One Nature, perfect in pervading, circulates in all natures,

One Reality, all comprehensive, contains within itself all realities,

The one Moon reflects itself where ever there is a sheet of water,

And all the moons in the waters are embraced within the one Moon.

Yung-chia Ta-shih

"The timing of the daily events in your life is the evidence that creative intelligence is in charge of your existence." Adano C. Ley

Since everything is but an apparition Perfect in being what it is, Having nothing to do with good or bad, acceptance or rejection, One may well burst out in laughter! Longchenpa

A TETRAD OF LUNAR ECLIPSES

As I write this I am alerted by my son that this full moon is a rare one! Why? Because the moon is officially full at 12:11 AM on Friday the 13th, in the month of June. It will not happen again until the year 2089. And why is this important? Because the moon in June is called the honey moon because of its color during this month explaining the origin of the word 'honeymoon' regarding weddings. So for some it might add a tinge of anxiety if one is planning to get married during this month. For others however it might be the sign of something quite special! It's really a matter of perception, isn't it? There's nothing new, however about one's interest in the moon. The moon is a constant source of interest and has been through the millennia. It's phenomena have been studied and described ever since the Chaldeans, about 1000 years B.C.! And we are still as interested in the phases of the moon now as the Chaldeans were then.

Of note right now is another rare phenomenon: an extraordinary series. This year the moon makes a tetrad of lunar eclipses all in the same Aries/Libra axis. Why do eclipses happen? It is interesting to note that the sun and the moon appear to be the same size as we observe them from planet earth. But we know from astronomy that the sun is much farther away and it's farther distance is what causes it to appear to be the same size as the moon! This appearance is what makes it possible for us to observe total eclipses of both the sun and the moon. And though they may appear to be equal, actually they are immensely different: the dazzling hot Sun versus the reflected cool light of the Moon. The moon is the mediator between the sun and the earth. In modern psychological terminology the Moon represents the anima which serves as a link between man's

SUMMER CALENDAR

Mercury is still retrograde and will be until July 1st. It is now in the late degrees of Gemini and will go back to 24° when it will station for 4 days before moving forward. The complete cycle lasts until July 13 when Mercury regains its original number. There are some who believe that the ill effects of Mercury last until it has returned to its original place. It is called The Shadow. It makes sense in theory, but my research about Mercury shows no consistency. I think it has to do with the placement of the retrograde and a person's own development. Some areas of our chart need more work than others!! We are not automatons and Astrology makes that perfectly clear.

Saturn also remains in retrograde but goes direct on July at 16° on the 20th. Generally speaking, this energy affects business. But in a personal chart it can affect discipline, obligations, mood, and ignorance (where one is ignoring the truth). Again one needs to know where Saturn is traveling through one's chart.

Two days later, Uranus goes retrograde, also at 16° but in Aries so 16° of anything is highlighted for all of July and into August. Since both Aries and Scorpio are ruled by Mars, if you have a planet(s) in your chart at 16° try to stay calm and reduce excess energy or affect.

Neptune is also retrograde having recently turned earlier this month at 7° and will eventually reach 4° in November. Even Pluto is retrograde and will continue so through this quarter, going from 12 to 11° and making a station shortly after the autumn equinox.

Only the personal planets, except Mercury, remain in direct motion. That is Venus, Mars and Jupiter are marching full speed ahead! I think that is significant given the information about the tetrad of lunar eclipses, and especially since both Venus and Mars rule the lunar axis. This gives us the opportunity to think clearly about personal issues and make strides at improving the areas that are affected (see page 3 for the axes.) When the transpersonal planets are all retrograde there is a broader global opportunity to review issues that affect humanity as a whole. I don't mean to be optimistic here: man's inhumanity to man is rampant and will hardly be mitigated by one summer's retrograde. But some progress is possible. And Saturn, which is considered a personal planet will go direct next month adding to the possibility of being more cognizant of global problems.

On a personal level, Saturn in Scorpio can cause fear and guilt. If you choose, you can use those emotions to clear the decks. Almost all fears are based on early childhood negative experiences. We now are realizing that children as well as adults experience PTSD and that reliving the early experience and letting the body respond can be very healing. Experiencing a somatic response, which was denied in childhood, heals. Our society, for example does not condone shaking and quivering in response to fear. As for the guilt, the real meaning of guilt is guile, meaning to fool yourself. When guilt emerges one can heal by being honest about one's activities.

If I thought difficult astrology came to harass us and make life even more onerous I could never be an astrologer. I believe it is how we perceive difficulties and work with them that helps us grow. After all, Swami Paramahansa Yogananda often said that planet Earth is a hospital where sick people go and when they get well they can leave!

We are still under the influence of the Pluto/ Uranus square and will be until well into 2015. This is the big enforced change energy and we will not know all the ways our world is changing until the transit is over and Uranus finally moves away from 15° leaving Pluto behind. The best approach is the creative one, to find unusual solutions to the emerging changes. It also works to stay in the present, follow the lifestyle of Solar Nutrition, and meditate.

Another area of stress involves Mars, Saturn and Uranus. Mars is in Libra, its fall, meaning Mars

THE MOON, cont.

conscious ego and the unconscious all-encompassing wholeness of psyche or the godly man. It is also considered the feminine aspect of the solar system and rules intuition (that 'gut' feeling) and intellect (not to be confused with knowledge).

This lunar series started on April 15th when the full Moon passed through the amber shadow of Earth, producing a midnight eclipse visible across North America. See the diagram below. So began the lunar eclipse *tetrad*—a series of 4 consecutive total eclipses occurring at approximately six month intervals. The total eclipse of April 15, 2014, will be followed by another on Oct. 8, 2014, and another on April 4, 2015, and another on Sept. 28, 2015. The most unique thing about the 2014-2015 tetrad is that all of them are visible from all or parts of the USA, making them particularly strong for the USA or for any country or area where it is visible.

So what does this all mean? Beginning with the New Moon, an impulse or seed idea is begun. With the full moon, that seed idea becomes fulfilled, or understood or completed. Eclipses, then, provide moments when extraordinary insight or vision is available to us. It can be a time of extreme clarity or understanding. It can also have a correcting influence.

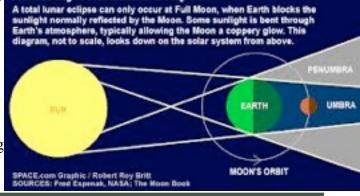
How long does this influence last, you ask. The general rule is that it has a lifespan of one month for every hour of the eclipse shadow equal to about six months at most. The April 15th eclipse lasted 77 minutes equalling over a month of influence. Did you experience an extraordinary insight of a have a sort of vision? Now if we have 4 lunar eclipses for a period of two years, then we can easily say that we have the opportunity to use this tetrad to our own advantage for a long period of time. You could say it is a window of opportunity.

An eclipse brings change, emphasis, or an impact of things shown by the sign. Since all of our tetrad lunar eclipses occur in Aries/Libra, then this energy takes the helm. The air sign Libra is ruled by Venus. It could impact judges, peace preservers, young women, artists, courtship and marriage, social issues religious divisions, turbulence and morals. Also banking and finance, social harmony, jewelry, and money. Ironically, Libra in mundane astrology also rules warfare! Reading the news shows that most of these topics are of interest!

An eclipse also will have special meaning for the individual. It depends on which house it is placed in one's chart and if any natal planets are affected. In general if Aries/Libra falls in your 1st/7th axis, then relationships will be highlighted: you vs. the other. If it falls in your 2nd/8th axis than the issues will relate around money, yours and others. The 3rd/9th axis would involve your knowledge and how your early training has affected what you believe to be true today. The 4th/10th axis would involve you're job vs. your home life or a problem between the two. The 5th/11th axis involves love and creativity, children and acquaintances. And the 6th/12th axis would involve situations around your health and your work ethic and your need to serve. You might also have to take into account vour relocation chart. *****

FYI, There are several paragraphs on the NASA web site devoted to explaining the millennialist coinage of the term "blood moon" which it has never been called before until a fundamentalist minister used the term to terrorize. Actually an eclipsed moon is rose colored: from the moon's point of view if you were there you would be seeing all the sunsets on planet earth all at the same time. The reflected light makes the moon rosey!

Anatomy of a Lunar Eclipse



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CALENDAR- Continued from page 2

is too combative for the pleasantness of Libra. And the energies Mars and Uranus are not compatible with each other. Libra is peace loving and often yields to another in order to maintain peace ("Peace at any price"), and Uranus is in Aries, the "me first" sign. They are opposite each other in the Zodiac. Uranus in Aries can be so creative, but also equally destructive depending on who is using the energy. Mars in Libra can add a punch to peace loving Libra which can be very useful for one who is easily doormatted in the name of peace but can also disturb a healthy energy just for the sake of making trouble. Then it becomes war-like. Add Saturn to the mix and all of the above is intensified. Saturn at its worse is cruel, knows how to fire the gun for the greatest damage. On the other hand Saturn can be wise and mature: a grown-up. What's your choice?

Jupiter is moving into Leo on July 16th. Party time! Jupiter rules the law, religions and happiness. In Leo it will increase one's selfconfidence, desire for big things, puff up the ego, give more emphasis to "I" and less on home, family and togetherness. On September 23rd look for the next issue of Longevity Circuit!

UPDATE! RECORDING CHANGES

In addition to doing readings on Skype which lets us see each other and record to a CD, I am also recording on my iPhone, also providing a CD. The way of the cassette is antiquated and so many of you don't have players for them anymore and certainly not in your cars. This also enables me to get away from having an expensive land line.

I also encourage you to download the free Skype app and get someone to show you how easy it is to use, if you don't know already. It is so enjoyable to see your face when we do the readings! Doing this new stuff is nervy to me, too, but it's a great challenge to stay current with all the new technologies!

GET LONGEVITY CIRCUIT ON LINE!

It's free, and all you have to do is email me at: ginger@lcircuit.com with the word "subscribe" in the subject line. Save a tree!

Housekeeping (boring but necessary!)

Adano's audio and video tapes, CD's etc, are available FOR FREE to anyone who will send Paul an EMPTY 64GB iPod or hard drive. There is no charge for this. But please respect Paul's commitment to archive Adano's work and to preserve it for future generations and to make it available to all his students. He has a job! So if you don't know how to use an iPod or hard drive, please find someone in your own environment to teach you. Paul simply does not have the time to do that for you. Merely send the iPod or hard drive and include return postage. The archives have been cleaned up as much as today's technology can do. Paul is constantly reviewing tapes to see if the newest technology can improve them even further. It's an amazing body of work in Adano's own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano's that needs to be archived, send it to Paul.

Because you asked for it, *Adano is now on Facebook!* Go to 'friends' request and type in Adano Ley. Also if you are needing some food ideas for solar nutrition, it, too, is on Facebook. Ask to be friends with Solaris Nutritionum. (Facebook only takes personal names!)

My book, "Food and Mood" is now available on Kindle from Amazon.com and iBookstore. Find out about how certain foods, additives and vitamins affect your body.

