

LONGEVITY CIRCUIT

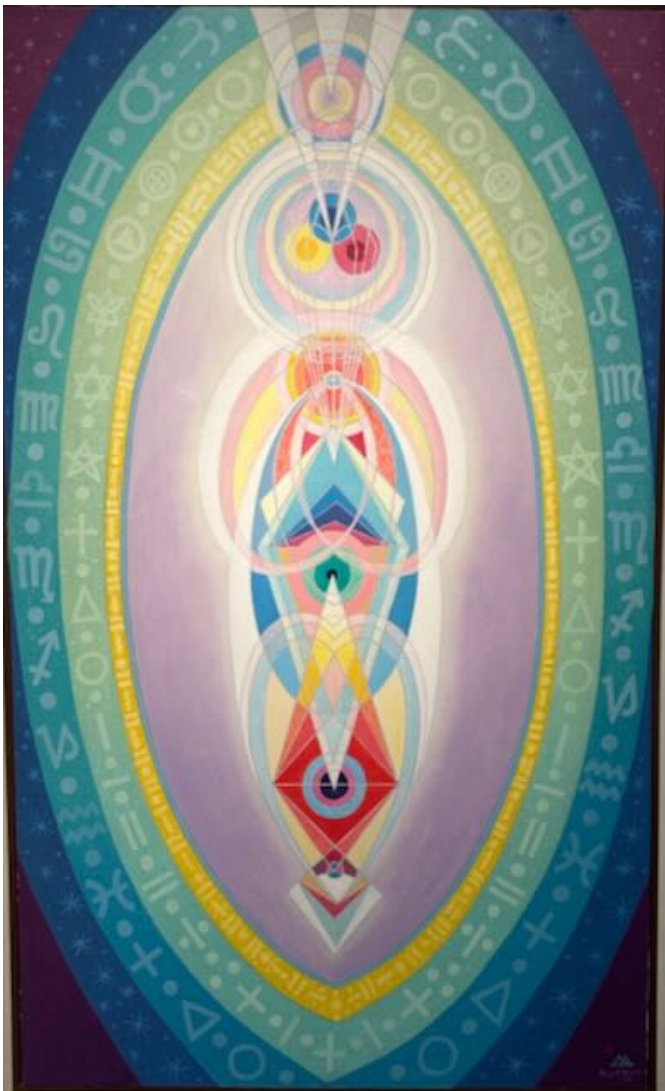
Perpetuating techniques which contribute to a longevity lifestyle

All The World Is A Stage...

I'm Sounding Off: Recently the New York Times had a short article about Astrology that said that because of the Precession of the Equinoxes astrology is not accurate. This is

the second article like this that I've read in the last year so I want to set the record straight. To be perfectly clear, Astrology is usually condemned because it is not scientific, science being The Truth of all things. This is an absurd basis for condemnation since science itself changes constantly. For example, once the Sun was 'scientifically' thought to travel around the Earth and Giordano Bruno was executed because he differed with the 'science' of his times. Now we have 'scientists' who say our current astrology is wrong because of the Precession of the Equinoxes. Astrologers have always known about the Precession and call the current one the ending of the Piscean Age and now moving into the Age of Aquarius.

Actually astrology is archetypal and its symbols describe the psychological components universally inherent in a specific group of people. For instance, the astrology used in this country is applicable to all those individuals of European descent. It is quite different from the Astrology used in India and countries of similar ethnicity. Chinese Astrology is similarly different and applicable to that ethnic group. And so it goes, even the astrology of those born in the Southern Hemisphere has differences. I've also studied Tibetan Astrology and it is different as well. The one component I have found in all the astrologies I've studied is the North and South Nodes (the names differ per each astrology), remarkable due to the amazing astronomical knowledge needed to identify them thousands of years ago. And there is another type of chart called the heliocentric chart with the Sun cast at



The Archetype - Emil Bisttram

the center. Perhaps the current detractors should look at that.

As an aside, however, I do not object to science. Consider the theory of relativity that shows that many measurements in physics depend on the observer's point of view. And quantum theory: when making measurements of subatomic particles we actually change the qualities. Science has always wanted to be exact but modern physics shows that is impossible. Perhaps the trouble is the daily newspaper accounts which may be the only example of astrology that many people have. Astrology does not generalize, but is effective for an individual.

Shakespeare:

*All the world's a stage,
And all the men and women merely Players;
They have their exits and their entrances,
And one man in his time plays many parts.*

Pythagoras:

*This world is like a stage
Whereon many play their parts;
the lookers-on, the sage.*

Long have well educated minds realized that we are living a script written for us at birth and that we are on this planet to grow. Paramahansa Yogananda, a famous spiritual teacher transplanted from India to California said that "Planet Earth is a hospital where sick people go and when they get well they can leave." Our planet is the one known for "Man's inhumanity to Man." One's birth script gives a person the ability to make positive or negative decisions as they go through life, that's why astrology works. Each planet, each constellation, each interchange has a positive and a negative attribute. This is how free will differs from free choice. It is why archetypal astrology works.

Let's take the planet Mars for example. Mars represents the physical side of a person's life, his energy, endurance, and sex drive. It can be courageous and enterprising, or destructive and self-centered. Because of its ability to carry

projects through, it rules building and construction work as well the military and war. Emotionally, the energy of Mars manifests as anger. Everybody has Mars in their chart somewhere. Ask yourself: how do you deal with anger? Perhaps you have Mars in Capricorn, do you hold onto a grudge for a long time, thinking about getting even, even planning revenge? Or do you use your anger to energize your self to do something constructive like weeding the garden or joining a group that addresses wrong doings in order to mitigate them? It's a choice, a free choice, but the wrong doing was not, nor did you Will it, that was someone else's free choice. Every planet and how we use its energy has this inherent quality.

With all that said, you might as well play an academy award winning performance!

Postscript: If you are interested in reading what Adano Ley (Swami Nityananda Saraswati) has to say about "the script," [click here](#) or on the image below.

ADANO PRAYER

GOD BECAME YOU

The Father's Script is already written.
It could be worse - it's going to get better.
It's perfectly balanced in all it's working.
Even if it appears irrational and irritable
It's to build up immunity through resistance.

And understanding acts as a shunt to the Script.
So we must act to be practical, not rational
Through gradations of fixations, illusions and vibrations
Which are all part of the Script
As we watch the Father unfold his Script.

We can do nothing without the Father
Who gives us what we need, not what we want
In order to learn to cope, to stick it out
As we accept What we are in the ever new, unrehearsed
Joy of the moment as Process, not goal.

All experience is neutral and designed in the Script
To always grow in appreciation for each "Thank You."
In the neutrality, don't label or computerize or compare.
Simply camerize and see it as it is
And die daily in the confrontative functionality of Life.

You don't have a body. Consciousness is the body.
God is the consciousness as breath in form
And is the driver taking responsibility in the Script.
Don't panic. Give thanks for the sky and the clouds and Breathe.
The only place that God is, is in the process of Now.

Summer Calendar

The summer Solstice occurs on June 20th at 2:15 pm here in Santa Fe and as I look at the Ephemeris to check the location of all the planets, I can't help but feel we are living in interesting times! We are moving into a period unlike anything I have seen in the 40+ years I've been doing this. It's because all the outer planets are within a degree of each other and later Saturn, Jupiter, and even Mars will join the group. And nobody alive today has been through the energies we are beginning to encounter. Predicting a world future is all conjecture, the few astrologers in the past that have attempted to predict the effects of the outer planets (Pluto in Capricorn and Neptune in Pisces) were wrong!

Let's look at **Pluto** first. This is the slowest moving Planet of all because it is the farthest from the Sun. In March 2023 Pluto made its first entrance into Aquarius and not until the end of the year does it finish with Capricorn and remain in its new sign. Capricorn rules government and certainly we can say that is true for the current cycle. Obama was elected in 2008, the first black President, and now after 15 years at the cycle's end, there are many unresolved controversies (governmentally speaking). In 1761, the last time that Pluto went into Aquarius, the development was positive: from aristocratic power to democracy. This time we are in a division between Democracy and Trumpism which is defined by Wikipedia as:

"... a political movement that follows the political ideologies associated with Donald

Trump and his political base. It incorporates ideologies such as right-wing populism, national conservatism, neo-nationalism, and has also been described as authoritarian and neo-fascist.

Pluto is currently retrograde at 1° Aquarius and will return to 29° Capricorn in September, ending its retrograde in early October. It does not enter Aquarius permanently until January 2025.

Neptune is also on the cusp at 29° Pisces and will move into Aries in 2025/26. Neptune in its own sign has been difficult for society in

unfortunate ways: the increase in homelessness, the increase in opiate deaths, and the dumbing down of education to name a few. The positive sides of Neptune usually don't make the news, such as spiritual development and medical healing techniques. Neptune in the 1st house contributes



to the gullibility of the general public — aka “The People.” Lying and misinformation have been common in government and the gullibility that Neptune engenders makes it all too easy for people to believe the unbelievable.

Uranus is at the tail end of Taurus at 25° where it is not happy and will be glad to move into Gemini for good in 2025. Taurus is too practical for Uranus whose energy comes to us via invisible means like electricity, television, intuition, and brilliance. Uranus is in the U.S. chart's 3rd house of education and look at the changes: charter schools, home schooling, and absenteeism. Also the post office, autos (electric)

and newspapers (many of which are shutting down). “Artificial Intelligence” is Uranian but being in Taurus it must needs be practical and contained... so society says!

Saturn is also in Pisces at 19° with Neptune and responsible for so much of what is wrong with Neptune. Both are in the U.S. chart’s 1st house of the people. With so many disenfranchised people discontent is inevitable. And Saturn will be in Pisces for another year.

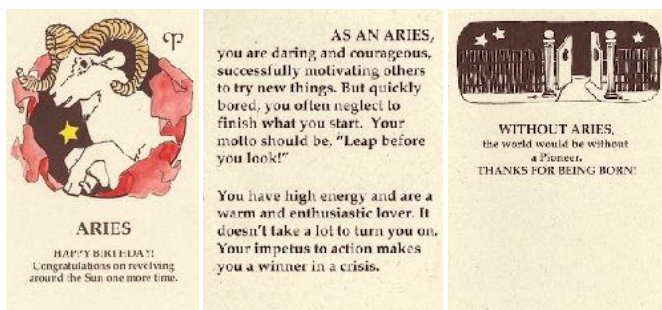
Jupiter has recently moved into Gemini in the nation’s 4th house. This is good news because the positive, expansive energy is moving upward in the chart. The 4th house opposes government and if I could be allowed to be optimistic, it is possible that Jupiter here could positively improve the political craziness we are currently experiencing.

Mercury retrograde occurs on August 4th through the 21st. This is the time to review and plan, but not make important decisions. Some astrologers believe that a week before and until Mercury reaches its initial degree are also times to be mindful. I personally have not found this to be true. Travel plans can be particularly susceptible.

September 21st, look for the next issue of L.C.

Astrological Birthday Cards

Available at LongevityCircuit.com! A box of 12 astrological signs for \$30 (plus postage).



Adano Audio / Video Recordings

After 20+ years of collecting, transferring, cleaning up, and archiving Adano’s videos and audios, they are now ALL available online for the first time on Adano’s YouTube page (<https://www.youtube.com/c/AdanoLey>).

Your own copy of the Adano archives is also available, just send Paul a 64GB USB flash drive and include return postage. The archives have been cleaned up as much as possible with today’s technology and Paul is constantly reviewing the newest technology to see if they can be improved even further.

It’s an amazing body of work in Adano’s own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano’s that needs to be archived, send it to Paul. In addition to [Adano’s website](#), Adano is also on [Facebook](#).



“Our republic should learn this lesson, for we might one day vote into power a hero who wins a giant TV trivia contest and educate our children to believe the Information Superhighway is the road to knowledge. If one clue to psychopathy is a trivial mind expressing itself in high-sounding phrases, then education emphasizing facts rather than thinking, and patriotic, politically or religiously correct “values” rather than critical judgment may produce a nation of achieving high school graduates who are also psychopaths.”

(A prophetic quote from James Hillman’s book *The Soul’s Code* which was written in 1997 when Pluto had gone into Sagittarius)