

LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

The Calendar

"In twenty five years we will all go to sleep like Rip Van Winkle, and when we awake and return to the cities, we will find they are run by the nine-years young."

— Swami Nityananda Saraswati, 1989

Nine year old kids are fun! I know because I taught 4th grade for a while. They think they know everything, that they own the world as they come into their own ego natures. But of course they have no experience, no reality check, no sense of repercussion for mistakes made. Nine year old grownups are a disaster.

Not just in our country, but all over the world, unbelievable happenings are being reported concerning the loss of human lives and freedoms: tyrants targeting ethnic groups, denying freedom of speech, and forcing displacements... Man's inhumanity to man.

What's going on, what's happening to our world? Right now there are extraordinary astrological energies involving Saturn, the Teacher, and the three transpersonal planets: Uranus the revolutionary, Neptune the Deceiver, and Pluto the Force Majeure or Providence. They are in the same degrees,



0°-1° with Uranus and Pluto trine, and Saturn and Neptune conjunct and sextile each of the other two planets. With Pluto 1° in Aquarius and Uranus (the ruler of Aquarius) at 1° Gemini, both air signs, both changeable, and especially Aquarius, volatile, the combination of energies suggest revolution, unexpected change. The last time Pluto and Uranus were in trine was in 1921-22:

1. Adolf Hitler, Benito Mussolini, and Joseph Stalin came to power.
2. The Chinese Communist Party (CCP), the Spanish Communist Party, the Union of Soviet Socialist Republics (USSR), and the National Fascist Party (PNF) in Italy were founded.
3. Hyperinflation in Germany.
4. The Irish War of Independence ended with a truce.
5. Revolutions in Greece, Turkey, and elsewhere.

6. Famine in Russia killed 5 million people.
7. Discovery of the hormone insulin.
8. First public radio broadcasts.
9. Discovery of the tomb of Pharaoh Tutankhman

(Thank you Astrology King)

Right now all four planets are retrograde, but Pluto will turn direct in mid October, followed by Neptune in early December. What does this all mean? We know that Pluto and Uranus together bring revolution. We see that already in politics, in international affairs and in technology, but I think the thing that has caught us off guard is the social revolution we are experiencing. What we haven't seen and should, probably toward the end of the cycle, is the emergence of some extraordinary genius types, pioneers or reformers. Right now we are in the cycle of experiencing the violence, the subversive, identifying what is wrong so that we can move toward the attainment of great objectives, the creation of new conditions of living.

Now add Neptune and Saturn into the mix, these two energies are polar opposites. These two planets have been traveling close to each other for several years and their adverse energies are responsible for the increase in the homeless, addictions, and problems with public health to name the obvious. (Santa Fe has a beggar at every street corner and daily there are issues about shelters and encampments around the city, and this is the norm around the country!) These two planets are now in the middle of that trine making sextiles to both Pluto and Uranus. They indicate distrust, insecurity and dissatisfaction, energies that create a

political force to be reckoned with. It could be that the conjunction will act as a temporizing force, mitigating the worst possible outcomes of the Pluto/Uranus trine. Saturn will remain in the mix until mid 2028 when it moves into Taurus. Neptune does not move out of Taurus for another 10 years after that and will not be part of the mix with Saturn, instead joining forces with Uranus which could also bring positive results. Please note that Saturn is currently retrograde at 28° Pisces but will return to a conjunct with Neptune at 1° Aries in February.

Jupiter, the benign member of this cast, has been in Cancer for several months and will remain so throughout this season. Jupiter is happy here because the energy is mostly felt in homes and families, the perfect timing for this season of celebrations. It goes retrograde on November 11th at 25° and goes back to 17° in February when it goes direct again. Be cautious about expenditures during this time and don't over commit.

Mercury turns retrograde from November 9th-29th at 6° to 29° Sagittarius. It is especially important to check travel plans scheduled during that time period. Since both Jupiter and Mercury will be retrograde during the initial holiday season you will want to be especially vigilant. Excess and haste could spell trouble for you.

AND....

Here is a remarkable web site that perfectly illustrates the positive energies that Pluto trine Uranus is bringing:

The Multiverse Employee Handbook, June 24, 2025. The Department of Quantum

Chronology and Existential Scheduling. Essentially this article proves that there is no time, that time is a massive group illusion!! And don't forget AI and robots!

AND...

As I write this, two persons have made the news in a most unfortunate way: first was Charlie Kirk and then Jimmy Kimmel, and in a way they are related events. I looked



at both their charts and unfortunately their birth hours are not public, so the information I could get is very incomplete. I did discover that there were many issues Kirk was dealing with. Kirk was a double

Libra and was highly energized by transiting Uranus and Uranus which always brings the unexpected. I looked on Wikipedia for info about him and discovered why he was so controversial: according to the Brooks Institute his podcast has had quite a high proportion (79%) of unsubstantiated statements by prominent political podcasters.

Jimmy Kimmel's chart yielded better results. He's a Scorpio with positive things coming his way, one of which is the opportunity to do something he has always wanted to do!

The issue of freedom of speech is a big one.

IMPORTANT NOTICE ABOUT THE VALIDITY OF ASTROLOGY!

Recently the New York Times questioned the validity of Astrology. Periodically this shows up in the various news programs, probably due to the increased popularity of astrology in the cities and the opposition of the conservative religious right. They cite the astronomical occurrence of the Precession of the Equinoxes as evidence that Astrology is bogus, But Astrology doesn't use the constellations of astronomy so Precession of the Equinox is irrelevant. Astrologers use signs (same names, different things). You can't use astronomy apps for knowing positions of planets in astrology.

Here's how it works: The ecliptic is a 360-degree narrow path, seen from our perspective on earth, upon which all the planets and sun and moon travel. Both Vedic/sidereal and Western/tropical astrology take that 360-degree ecliptic and divide it into twelve equal signs of precisely 30 degrees each. In astronomy the constellations vary from less than 20 to more than 50 degrees and have overlaps and gaps so Astrology can't use astronomical constellations. The structure of astrology is all based on the 30-degree signs.

Some people think that Vedic astrology is more accurate. Not so: their difference lies in where each chooses to place the 0° Aries point. Western/tropical places it at the moment of the spring equinox, with 0° Cancer, 0° Libra and 0° Capricorn aligning with each of the remaining equinox and solstices. Vedic places it at one of 3 different spots, depending on which branch of Vedic.